



Palamos 2022 Event Information Pack

Overview

Palamos is the End of the Spanish 420 racing season approx 17th to 22nd December. The Christmas regatta is hotly contested and is a good way for sailors of all abilities to go to a warmer climate (18-22 degrees) and line up against European competitors and see how they place. It has a family friendly venue and as such makes for a really good trip for all the family.

Located at the north Eastern part of Spain it is easily accessed via a road trip through France taking between 10-14 hours and flights into Gerona. Racing takes part in the main bay allowing easy spectating from the beach or café's so again good for the family who might take a wander on the esplanade during the day. The weather can be mixed, it is renowned for a big sea with strong winds some years and yet it can also be light with a glass like sea for the entire week. Either way it is a good test for sailors in a lovely friendly venue.



Dates

Saturday 17th Dec 22:	Potential training day
Sunday 18th Dec 2022:	Potential training day and Registration
19th - 22nd Dec 2022:	Racing

Entry Fees

Early Entry (up to 18th Nov 22):	EUR160
Entry (after 18th Nov 22):	EUR230

Event website link: [46th Palamós Christmas Race - 2022](#)



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2022 Event Attendance

This is an Open event and those attending do not need to “qualify”. **Please Note:** The RYA Youth Squad are using Palamos as part of their winter training. The RYA will work with those members of the Youth Squad regarding coach support/training and costs associated with this.

Non RYA Youth Squad teams have, in the past, also attended the event. The Class can help to support logistics organisation with the parents and also the provision of class assets and class coach to support transport and towing and in venue training and support (all costs to be paid by parents).

As a Non UK event and a Non International Class event:

Sailors are required to pay (separate from any Class costs) for their own:

- Entry to the event
- Accommodation
- Food
- Travel
- Boat Logistics to and from the event
- Travel Insurance
- Covid Tests (if required) YES Covid is coming back rapidly....

Coaching Support

Youth Squad: The RYA will provide Coach support and on water Ribs for the Youth Squad. Ribs will be chartered in venue and registered by the RYA.

Non Youth Squad: The Class has access to various coaches and under the guidance of Amy Seabright the Head Coach, we can identify the relevant coach (s) to support. Tim Rush has kindly already offered to support the training and racing as required. Tim has also kindly offered to support the logistics of the class van and a trailer as required. (to be discussed and confirmed).

Please Note:

For Palamos as with most European events, on water “Safety” is provided by visiting countries and Spanish sailing clubs as support to their/ the sailors attending. This is rather different to the UK, where the venue provides water safety.



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It is Mandatory to have water Safety and support for your sailors. There are 2 options for this:

- 1. Parent manned rib**
- 2. Coach manned rib**

All costs are the responsibility of the sailors (parents). If chartering a rib parents are responsible for ensuring that the correct insurances are in place. It is possible that the Class rib may be taken and used at the event (which would be under the class insurance). However, the costs may be more expensive (see illustrative budget breakdowns below).

Accommodation

There is a wide variety of accommodation in Palamos and being out of season AirBnB is a good option. The town is near and the esplanade also has good restaurants and shops etc. There are 2 marinas with the SW marina being the one used for the boats which is next to the sailing club. Accommodation on the peninsula is good and very much suitable for the whole family.

Eating out is relatively affordable and the food is excellent. There is something for all tastes and being out of season there is plenty of space. There are Christmas markets and if the weather is good, visits to local villages around the bay of Rose is a good idea for parents. If you like cycling there are plenty of good cycling on the flat by the coast and if adventurous up into the hills.

Barcelona is not too far away and has good Christmas shopping also.

Draft Coach Support Costings

The tables below set out 3 options based on 6 days of coach support. 2 day training in Venue 4 days racing. Whether a Carnet is needed for the Class rib will need to be a decision made by the team using it and not a Class decision. If a Carnet is not obtained and any fine is incurred this would be the responsibility of the parents. The Class is not responsible.

The costs below are only illustrative to assist sailors with their decision as to whether to attend or not.



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		Option 1: Full Coaching Costs with rib Hire				Option 2: Full Coaching with Class Rib (Carnet)				Option 3: Full Coaching with Class Rib (No Carnet)			
Costs Payable to the Class		Price	# Days	#		Price	# Days	#		Price	# Days	#	
Coaching Costs	Coach fees	£155	6	1	£930.00	£155	6	1	£930.00	£155	6	1	£930.00
Coaching Costs	Coach Accomodation Subsidiary	£80	6	1	£480.00	£80	6	1	£480.00	£80	6	1	£480.00
Coaching Costs	Class Coach Travel	£0	0	0	£0.00	£0	0	0	£0.00	£0	0	0	£0.00
Coaching Costs	Class Coach Food	£25	6	1	£150.00	£25	6	1	£150.00	£25	6	1	£150.00
Coaching Costs	Coach Lateral Flow Testing	£0	1	0	£0.00	£0	0	0	£0.00	£0	0	0	£0.00
Coaching Costs	Venue Rib Hire	£155	6	1	£930.00	£0	0	0	£0.00	£0	0	0	£0.00
Coaching Costs	Rib Fuel	£25	6	1	£150.00	£25	6	1	£150.00	£25	6	1	£150.00
Coaching Costs	Class Rib	£0	0	0	£0.00	£30	6	1	£180.00	£30	6	1	£180.00
Coaching Costs	Class Rib Trailer Service	£0	0	0	£0.00	£150	1	1	£150.00	£150	1	1	£150.00
Coaching Costs	Carnet for Class Rib	£0	0	0	£0.00	£750	1	1	£750.00	£0	0	0	£0.00
Coaching Costs	Class Rib Hire	£0	0	0	£0.00	£30	6	1	£180.00	£30	0	0	£0.00
Coaching Costs	Class Rib (ferry crossing)	£0	0	0	£0.00	£1,000	1	1	£1,000.00	£1,000	1	1	£1,000.00
Coaching Costs	Class Rib (tolls)	£0	0	0	£0.00	£200	1	1	£200.00	£200	1	1	£200.00
Coaching Costs	Mileage for towing Class rib (970 miles each way @44p per mile)	£0	0	0	£0.00	£854	1	1	£853.60	£854	1	1	£853.60
Coaching Costs	Class Coach Entry Fee	£75	1	1	£75.00	£75	1	1	£75.00	£75	1	1	£75.00
				Total:	£2,715.00			Total:	£5,098.60			Total:	£4,168.60
				Per sailor (2 Boats)	£678.75			Per sailor (2 Boats)	£1,274.65			Per sailor (2 Boats)	£1,042.15
				Per sailor (3 Boats)	£452.50			Per sailor (3 Boats)	£849.77			Per sailor (3 Boats)	£694.77
				Per sailor (4 Boats)	£339.38			Per sailor (4 Boats)	£637.33			Per sailor (4 Boats)	£521.08
				Per sailor (5 Boats)	£271.50			Per sailor (5 Boats)	£509.86			Per sailor (5 Boats)	£416.86
				Per sailor (6 Boats)	£226.25			Per sailor (6 Boats)	£424.88			Per sailor (6 Boats)	£347.38
				Per sailor (7 Boats)	£193.93			Per sailor (7 Boats)	£364.19			Per sailor (7 Boats)	£297.76
				Per sailor (8 Boats)	£169.69			Per sailor (8 Boats)	£318.66			Per sailor (8 Boats)	£260.54

PLEASE NOTE: the cost of transporting boats is not included. If sailors use the Class Trailers (6 stacker) to transport then it is likely to be circa £250 - £350 per sailor depending on number of boats/trailers used. These costs can be firmed up once the number of sailors are known.



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Next Steps

- If you are planning/interested in attending (Non Youth Squad) please register your interest on the Class Website. This will enable a meeting to be set up with those interested to help plan the logistics