



420 Training and Grand Prix 2

Arrival and Joining Instructions

Itchenor Sailing club 23-27th October

Itchenor sailing Club hopes that you enjoy your time with us and we will do all we can to make your event exciting. Part of that is to ensure that all those attending take care of fellow competitors, supporters and the organising team.

Remember Covid 19 is still present and a real and present risk. Therefore, we ask that you follow the guidance below to help reduce the risk of viral infection. Please also familiarise yourself with the BYC Covid Compliance document which can be viewed at the Official Online Noticeboard.

Please do

- Remember that each morning that you arrive at ISC you are declaring that you are fit and not experiencing any of the symptoms associated with Covid 19
- Consider all of your fellow competitors and organisers and maintain social distancing
- Please dispose of all rubbish directly in a bin.
- Follow the directions of the Race team, ISC staff, Marshalls and the Beachmaster - they are there to help you
- Follow any guidance notices displayed on ISC property
- Competitors, parents and support persons are encouraged to engage in Lateral Flow Testing to support all sailors, staff visitors and parents in staying Covid Free.

REMEMBER – HANDS-FACE-SPACE

Arrival, Parking and Berthing,

ISC is located at Itchenor Sailing Club, The Lane, West Itchenor, Chichester, PO20 7AG. Upon arrival, you are requested to turn left opposite the club into the public car park.

Trailers must be manhandled from the road to the Club stage as vehicles are not permitted down the Club Lane. Parking for cars is available at the Harbour Conservancy car park (Pay & Display).

Boats shall be kept on their trailers to save space in their assigned area on the ISC landing stage.

Please note that the staging could get wet at high water so all gear and valuables should be left secure.

Boats staying on the stage overnight should be tied down.

Clubhouse and grounds.

All competitors are invited to use the facilities of the Club during their stay. Competitors will be deemed to be temporary members for the duration of the event, and as such, shall abide by all the Club's rules and traditions.

It is recommended that valuables are not left in the changing rooms. Items of value may be deposited with the Office for safe keeping, at owner's risk.

Dress

Members and visitors to the Club are asked to change from their sailing clothes in the evenings and dress appropriately for the time of day.

Accommodation

Accommodation in the Club may be available. Please book with the Office. 01243-512400

Catering

Breakfast, lunch and evening meals will be available at the club each day.

Breakfast baps served 9 – 11 £4.50

Warm food will be available to sailors coming off the water, throughout the event please discuss with ISC reception to pre order for each day as required.

Lunch – Jacket potatoes, cheese, beans or tuna mayo.

- Pasta bake with rocket garlic bread salad £6.95

An evening Social Meal is being arranged for Tuesday 26th This is to be **PRE ORDERED** from the ISC reception the menu options are:

- Fish & chips minted crushed peas
- Sausage chip peas or beans
- Halloumi chips peas or beans £12.50

Social

The 420 social representatives are organising a social for after the evening meal on Tuesday 26th. This will be notified to sailors via their dedicated communications channels. Please let 420sailingsecretary@gmail.com know if you are not part of these social channels and I will arrange for you (sailors) to be added.

Race Days Support boats - Food, drink and spares on the water

Attention is drawn to NOR 14 Support Person Vessels. Competitors are not permitted to place food, drink or clothing on official support boats due to the risk of Covid transmission.

Ribs

There are no facilities at ISC to launch RIBs. If you wish to bring a Support Boat please launch from the Harbour Conservancy Public Launch Site (around 150m West of ISC)

www.conservancy.co.uk RIBs up to 6m in length may be left on the small pontoon at ISC with an overnight charge of £10.

FURTHER INFORMATION

please contact

Itchenor Sailing Club, Itchenor, Chichester, West Sussex, PO20 7AG

Telephone: Office 01243 512400 or E-mail: office@itchenorsailingclub.co.uk